

# **IFOMPT Teachers Meeting – Biographies of Presenters**

(In order of Programme for Teachers Meeting)

# Morning Session - Standards Committee Members

## John Langendoen

John Langendoen, MSc, Grad.OMT, B.PT, is a private practitioner, an international consultant sports physiotherapist and lecturer in musculoskeletal physiotherapy. He is a member of the IMTA teaching faculty and involved in various post-graduate programmes in OMT, while having led the OMT educational committee of the German DVMT 10 years till 2007.

John has 32 years of clinical experience in musculoskeletal Physiotherapy. He owned and operated a private practice in Rotterdam, the Netherlands in the eighties, and in Kempten, Germany since 1989. His main areas of interest are in manual and manipulative therapy, especially in the thoraco-cervical and cranio-mandibular region, topics he has taught both nationally and internationally. Thoracic outlet syndromes were the final topic of his MSc in pain management study at the UWCM in Cardiff. He is leading the interdisciplinary forum of cranio-facial syndromes IFCFS in Germany, an area of his interest since 20 years, educating health professionals towards optimal cooperation in this complex multifacetal field, also resulting in journal articles and international lectures, e.g. at IFOMPT conferences since 1996.

John's experience in sports physiotherapy is extensive, ranging from being a therapist for players of Sparta Rotterdam in the eighties towards being a member of the medical staff of the Korean National Team at the FIFA World Cup 2002 and 2006 as well as of the Russian Ice hockey team since 2005. He has a special interest in pre-season screening and management of athletes with dysfunctional structures, recurrent injuries and suboptimal movement patterns. Over the years, the Korean experience with elastic taping has led to international recognised seminars on assessment related functional kinetic taping within the scope of OMT and sports physiotherapy. He is currently one of the members of the IFOMPT Standards Committee.

# **Ronél Jordaan**

Ronél studied at the Physiotherapy Department at the University of Pretoria where she obtained a PhD in 2005. She also lectured at the same University for almost 15 years at undergraduate as well as postgraduate levels, lecturing mainly in OMT and movement sciences. She was involved in the development of OMT curricula for undergraduate and postgraduate courses at the University of Pretoria, as well as the national standardisation of OMT curricula on a Masters level. She supervised numerous undergraduate and MSc research studies and dissertations. She is often invited as external examiner for undergraduate and postgraduate examinations and also for MSc research dissertations.

Ronél presented lectures and courses for the South African Society of Hand Therapists and was a consultant at the Temperomandibular Clinic at the Faculty of Dentistry at the University of Pretoria. She published several articles and contributed chapters to a book on Craniofacial Pain by Harry von Piekartz. She presented research papers at many national and international congresses, craniofacial issues focusing on and adolescent low back pain and health. Ronél is currently working in private practice, lectures part-time for the postgraduate OMT course and has been a member of the IFOMPT Standards Committee since 2012.

## **Karen Beeton**

I have been the Head of Department of Allied Health Professions and Midwifery in the School of Health and Social Work at the University of Hertfordshire for the last two years. We provide undergraduate and post graduate physiotherapy programmes and our MSc in Neuromusculoskeletal Physiotherapy provides eligibility for membership of the MACP. I am a past chair of the MACP and am a member of the IFOMPT Standards Committee. I have been a member of the Editorial Committee of Manual Therapy journal since its inception and am responsible for masterclasses which showcase contemporary clinical issues. My research interests are in haemophilia and quality of life and this was the focus of my PhD. I was awarded a Fellowship of the CSP in 2008 and the MACP in 2009.

## **Lorrie Maffey**

Lorrie has been involved in neuromusculoskeletal and sports physiotherapy clinical care since 1990. She became involved in teaching manual therapy for the Canadian Physiotherapy Association (CPA) in the mid 1990's and since then has also become an Examiner for the Orthopaedic Division of the CPA as well as an instructor for Gunn Intramuscular Stimulation(GunnIMS) and teaches courses on motor learning and muscle recruitment, anatomy, movement biomechanics, sport injury and injury prevention. She has spoken at many national and international conferences on these and other topic matters related to neuromusculoskeletal physiotherapy.

Besides her interest in physiotherapy clinical education, Lorrie has been passionately devoted to educational standards for physiotherapists and is actively involved in national and international committees devoted to policy making and monitoring of such educational standards. For example she is the past Chair of the Orthopaedic Division Educational Committee (CPA), past Chair of the Canadian Academy of Manipulative Physiotherapy (CAMT), present Chair of the Manual Therapy Steering Committee (MTSC), present member of the GunnIMS Educational Committee and present member of the IFOMPT Standards Committee.

Her own personal educational endeavors include being a Masters of Science candidate in the Facility of Medicine (Community Health Sciences) where her research involves injury prevention with elite level athletes as well as writing of articles in related topics, sitting on the editorial review boards of numerous physiotherapy related journals, investigating the use of Real Time Ultrasound in injury prevention, and the writing of book chapters for various books related to physiotherapy as well as yoga.

# **Alison Rushton**

Alison Rushton is Physiotherapy Academic Lead, in the School of Sport, Exercise and Rehabilitation Sciences, and Programme Leader for the MSc Exercise and Sports Medicine (Football) programme. Alison has worked within education since 1993 with a focus to teaching and research in the specialist area of musculoskeletal/manipulative physiotherapy. Alison is active in the development of advanced musculoskeletal physiotherapy as a specialist area of physiotherapy through her teaching on the MSc Advanced Manipulative Physiotherapy and MSc Exercise and Sports Medicine (Football) programmes, and her research that is focused to musculoskeletal physiotherapy and the professional development of musculoskeletal physiotherapists. Alison's roles external to the University support her specialist and research focus, including chairing this Standards Committee of the International Federation of Orthopaedic Manipulative Physical Therapists, and as a member of the Editorial Board of the Manual Therapy journal.

Alison qualified with a Graduate Diploma in Physiotherapy from the Middlesex Hospital School of Physiotherapy in 1987. She went on to specialise in musculoskeletal physiotherapy, and then to undertake further study to commence teaching full time in 1993. In support of her educational and manipulative physiotherapy focus, Alison completed an MSc in Manipulative Physiotherapy in 1997 and a Doctorate in Education in 2004. Alison has worked at the University of Birmingham in the UK since 2001.

Alison's involvement in teaching, learning and supervision encompasses the subject areas of musculoskeletal physiotherapy, manipulative therapy, evidence based healthcare, clinical reasoning and education. Her involvement is focused to the postgraduate programmes, particularly teaching and supervision on the MSc Advanced Manipulative Physiotherapy, MSc Exercise and Sports Medicine (Football) and MRes Health Research programmes, and supervising PhD students.

## Jan Pool

After working in a physical therapy clinical practice Jan started a manual therapy practice in 1983 and moved on into part-time education in 1984. In 1989 he was appointed as a member of the board of the Dutch Association of Manual Therapy (NVMT). His main interest was education and scientific development of manual therapy. In 1994 he was involved in a randomised clinical trial on neck pain at the VU University medical center in Amsterdam. In that time he completed a MSc in epidemiology. As a result, he started a new RCT and wrote a PhD thesis regarding Neck Pain and completed his PhD in 2007 at the VU University.

Jan is currently program coordinator Master Manual Therapy at the University of Applied Science, Hogeschool Utrecht in The Netherlands. This programme is an approved route leading to membership of the Dutch Member Organisation of IFOMPT, the Dutch Association of Manual Therapy (NVMT). Furthermore, he is working part-time in a clinical practice, Medical Centre IMPACT, in Zoetermeer The Netherlands.

Jan's research is focused on two aspects. Clinimetrics; validity, reproducibility, responsiveness and feasibility of measurements instruments, and the efficacy and effectiveness of manual therapy management in Neck Disorders. On both subjects he is still lecturing nationally and internationally, giving courses or presentations.

In addition to being a member of the Standards Committee for IFOMPT since 1995, Jan organised several congresses on manual therapy in The Netherlands and was the Chair of the Scientific Committee of the IFOMPT congress in 2008 in Rotterdam, The Netherlands.

## Lenerdene Levesque

Lenerdene Levesque graduated from Queen's University, Canada in 1979 with a BScPT and completed her Diploma of Advanced Manual and Manipulative Physiotherapy in 1992. In 2008 she graduated with a Masters of Clinical Science in Manipulative Therapy from the University of Western Ontario. She is an Instructor and Chief Examiner for the Orthopaedic Division of the Canadian Physiotherapy Association. She has just completed a 5-year term as the Curriculum Chair of the Education Committee of the Orthopaedic Division and was extensively involved in the ongoing development of the Canadian Orthopaedic curriculum to meet the IFOMPT standards. She currently holds a position as an Adjunct Professor in the Clinical Masters (manipulative field) at the School of Physical Therapy, Western University and is an active member of the Clinical Whiplash Intervention and Prognosis Research Group. She is an Instructor and was involved in the development of an online course to facilitate the implementation of evidence informed practice in manual therapy – Introduction to Clinical Research to Support Evidence Based Practice in Manual Therapy in collaboration with the University of Toronto and the Orthopaedic Division of CPA.

She is a clinician and co-owner of a private practice in Ottawa – Physiofirst Orthopaedic and Sports Centre. She has a special interest and has presented nationally and internationally on Evidence Based Practice and Clinical Reasoning. She joined the IFOMPT Standards Committee in September 2012 and looks forward to this new and exciting challenge.

# Afternoon Sessions – Abstract Submission Speakers

## First Session

# Tim Flynn

Dr. Flynn is board certified in Orthopaedic Physical Therapy (OCS), a Fellow of the American Academy of Orthopaedic Manual Physical Therapists (FAAOMPT), and a frequent research presenter at state, national, and international meetings. Dr. Flynn is widely published including 5 textbooks, 6 book chapters, over 70 peer-reviewed manuscripts on orthopaedics, biomechanics, and manual therapy issues. Awards include the James A. Gould Excellence in Teaching Orthopaedic Physical Therapy, Richard W. Bowling – Richard E. Erhard Orthopaedic Clinical Practice Award, the Steven J. Rose Excellence in Research (twice), the AAOMPT Outstanding Research Award (twice), and the Distinguished Alumnus- Marquette University Program in Physical Therapy. Dr. Flynn is the immediate past President of the American Academy of Orthopaedic Manual Physical Therapists and an Associate Editor for the Journal of Orthopaedic & Sports Physical Therapy (JOSPT). Dr. Flynn is a principal in Evidence in Motion an educational company dedicated to elevating the physical therapy profession. He is an owner and maintains an active clinical practice focusing on chronic pain disorders at Colorado Physical Therapy Specialists. Dr. Flynn is a Distinguished Professor at Rocky Mountain University of Health Professions where he teaches professional and post-professional students in the area of musculoskeletal management, research design, and evidence based practice.

## **Andreas Gattermeier**

Marital status: married, 4 children Nationality: Austria Place of birth: Linz/Austria Current functions - Head of department Physiotherapy, Sport Therapy and Physical Therapy at the Rehabilitation Clinic Rosenhof, Brunnaderstr. 24, 84364 Bad Birnbach/Germany Scientific Director MSc "Musculoskeletal Physiotherapy" at the Danube University in Krems/Austria Education 1975 High school with university approval

1976 - 1979 Academy for Physiotherapy Vienna, Austria

Qualified Physiotherapist

Postgraduate qualifications

**1979- 1981** Physioaustria Vienna, Austria

Bobath Therapy for adults

1981 - 1992 FBZ Mainz, Germany

International Education in Orthopedic Manipulative Physiotherapy(OMT)

1990 - 1993 Clinic Bavaria Kreischa, Germany

Sports Physiotherapy

Medical Training

Pedagogical training for teachers in Manual Therapy

2004-2006 Postgraduate studies for Manual Therapy, MAS (Uni. Zaragoza/Spanien)

2010 -2014 Master of Science "Musculoskeletal Physiotherapy" (Danube University Krems)

Accreditations IKK(german public insurance association) recognized specialist teacher for Manual Therapy

Instructor and Clinical Supervisor Kaltenborn/Evjenth OMT Concept

Honorary post

Executive Board member OEVOMT (Austrian umbrella organisation for orthopedic manipulative therapy)

Member of the scientific advisory board "Manual Therapy", Theme-publisher Executive board member Kaltenborn/Evjenth OMT

# Silvia Pérez Guillén

Graduate in Physical Therapy at University of Zaragoza in 2007.

Graduate in Social and Cultural Anthropology in 2010.

Master in Orthopedic Manual Therapy. University of Zaragoza. 2009

Master in Social Gerontology in 2011.

Currently doing the PhD at University of Zaragoza "History and development of active procedures within the context of OMT in the second half of the 20th century".

Currently working as an Associate Teacher at University of Zaragoza on the OMT Master's programme according to IFOMPT Educational Standards.

# Nicola Heneghan

Nicola gualified with a Graduate Diploma in Physiotherapy from New Addenbrooke's Hospital School of Physiotherapy in 1988, then spent a number of years in clinical practice applying and developing her knowledge and skills in the fields of respiratory and musculoskeletal physiotherapy. Having worked in the UK and Canada she then set up and managed a Private Practice in the Lake District for 7 years. In 1997 she completed her MSc at University College London, and following a period of teaching at Coventry University moved to University of Birmingham in 2004 to develop her research interests. In addition to her teaching commitments on the MSc Advanced Manipulative Physiotherapy programme, Nicola was awarded a studentship to pursue her research exploring the musculoskeletal changes in chronic obstructive airways disease (COPD), completing her PhD in 2013. Nicola is currently a Lecturer in Physiotherapy, at the University of Birmingham and is the Programme Leader for MSc Advanced Manipulative Physiotherapy in the School of Sport, Exercise and Rehabilitation Sciences. Nicola is active in the development of musculoskeletal physiotherapy as a specialist area of physiotherapy through her clinical consultancy, teaching on the MSc Advanced Manipulative Physiotherapy programme, and research focused to spinal musculoskeletal physiotherapy, dysfunctional breathing and impact of postgraduate education on professional development. Nicola is currently acting Chair on the Musculoskeletal Association of Chartered Physiotherapists (MACP) Committee for Education and Approval and an active member of the MACP.

## **Vincent Dewitte**

Vincent Dewitte graduated in physical therapy (2006, MSc) and manual therapy (2007, Post Grad Dip Manip Ther.) at the University of Ghent.

From 2006 till 2014, he worked part-time as a manual therapist in a private clinical practice and at Flanders Athletics. From 2008 till 2014, he worked part-time as a teaching assistant (postgraduate course manual therapy) at the department of Rehabilitation Sciences and Physiotherapy, Ghent

University. Besides his teaching assignment, he is currently conducting intensive research (Effectiveness of musculoskeletal therapy for patients with neck pain: an individualized approach using a clinical decision-making algorithm) in order to obtain a doctoral degree in physical therapy. His clinical experience, as well as his topic of research and teaching expertise, is focused on the assessment and rehabilitation of patients with musculoskeletal complaints.

#### Barbara Cagnie

Barbara Cagnie graduated in physical therapy (1999) and manual therapy (2001) at the University of Ghent and completed her PhD in 2005. From 2006 till 2012, she worked as a post doc research assistant at the department of Rehabilitation Sciences and Physiotherapy funded by the Research Foundation Flanders and worked part-time as a manual therapist in clinical practice. She is currently fulltime assistant professor at the department of Rehabilitation Sciences and physiotherapy, Ghent University. Her topic of research and teaching expertise, as well as her clinical work, is the assessment and rehabilitation of patients with neck pain. In particular, her research focusses on the identification of underlying peripheral and central mechanisms in the development and/or maintenance of neck pain and the evaluation of clinical interventions within the different subgroups of patients with neck pain. She has published over 70 peer-reviewed papers in international journals, gives courses on a national and international level and wrote two books on exercise therapy and manual therapy in neck pain disorders.

#### **Benita Olivier**

Benita Olivier is a senior lecturer and researcher in the field of musculoskeletal physiotherapy in the Department of Physiotherapy at the University of the Witwatersrand, South Africa. She has been involved in many research projects which investigated the kinematics of, amongst others, the cricket fast bowling action. Parallel to these projects, she has established the Wits Physiotherapy Movement Analysis Laboratory. She is an avid researcher with a high level of research productivity. Benita was a recipient of the Friedel Sellschop Award for exceptional young researchers in 2014, was identified by the Mail & Guardian as one of the top 200 most influential young South Africans and was a finalist in the 2014 Standard Bank Rising Stars Awards. Her academic vision includes development of evidence in the prevention of sports injury and musculoskeletal dysfunction, the optimisation of athletic performance and the analysis of movement.

## **Caitriona Cunningham**

Dr Caitriona Cunningham is a Lecturer at University College Dublin (UCD) School of Public Health, Physiotherapy and Population Science. As a graduate of UCD's B.Physio programme, she gained extensive clinical physiotherapy experience in Ireland the UK and USA. Specialising in musculoskeletal physiotherapy, she completed her MSc (Neuromusculoskeletal Physiotherapy) at University College London in 1997, also gaining membership to the Manipulative Association of Chartered Physiotherapists (UK) at that time. She completed her PhD at University College Dublin in 2007 and has continued to conduct research in relation to occupational musculoskeletal disorders, most recently focusing on MSDs among farmers, Her current research interests also include bone health and fracture prevention. She has disseminated her research findings widely in international, refereed journals and at national and international research meetings. She is an active member of various professional and research associations, including the UK Society for Back Pain Research, the International Fragility Fracture Network and Chartered Physiotherapists in Occupational Health and Ergonomics. Previously, she was Chairperson of the Chartered Physiotherapists in Education (ISCP) and helped drive a number of Physiotherapy education initiatives. She continues to coordinate and teach across both undergraduate and graduate Physiotherapy programmes, including UCD's MSc in Musculoskeletal Physiotherapy. She is currently completing a Professional Diploma in University Teaching and Learning at UCD, is actively involved in curriculum review and enhancement and is committed to knowledge transfer to a wider community.

**Key research interests:** occupational LBP, occupational musculoskeletal disorders, bone health and fracture prevention, promotion of active lifestyles

#### José Miguel Tricás Moreno

Graduate in Nursing. Graduate in Physical Therapy Graduate in Social and Cultural Anthropology PhD in Physical Therapy by the University of Zaragoza (2005) by defending a thesis: "Study about supplementation with essential amino acids in a competitive swimmers team of Aragon". Senior Lecturer of Physical Therapy in the Faculty of Health Sciences. University of Zaragoza.

Coordinator of Master in Orthopaedic Manual Therapy (OMT). University of Zaragoza.

Delegate of the Member Organization of IFOMPT (International Federation of Orthopaedic Manual/Manipulative Therapists).

Chairman of OMT-Spain Association.

Chairman of the Spanish Association of Clinical Neurodynamics.

Chairman of the Spanish Association of Diacutaneous Fibrolysis.

Chairman of the Association of Miofascial Pain Syndrome and Trigger Points.